All Stars (Core Program) Logic Model

Underlying Belief/Theory	Strategies/ Activities	Immediate Outcomes	Intermediate Outcomes	Long-Term Outcomes
Idealism Believing that substance use and other high-risk behaviors do not fit with desired lifestyles and values motivates young people to pursue positive lifestyles that are highly protective.	All Stars builds idealism through activities that explore ideal futures and reputations that use highly interactive methods.	Teachers complete Idealism sessions with youth actively engaged. Youth identify personal futures and reputations that are meaningful and motivating. Youth feel engaged and begin to trust the teacher.	Youth strengthen their beliefs that substance use and other high-risk behaviors do not fit with the lifestyle they desire to live.	
Social Norms Those at risk for substance use and other high-risk behaviors exaggerate how many peers use substances and engage in other high-risk behavior and believe these to be more acceptable than they actually are.	All Stars corrects erroneous beliefs about social norms and builds positive norms among participants through games (the Opinion Poll Game) and guided discussions that reveal underlying positive norms among participants.	Youth accept the information about prevalence and acceptability that is revealed through All Stars activities.	Youth believe that substance use and other high-risk behaviors are rare and unacceptable to the peer group	Reduced substance use, including reduced alcohol consumption, binge drinking, cigarette smoking, smokeless tobacco use, marijuana use, and inhalant use.
Commitment Making voluntary commitments to avoid substance use and other high-risk behaviors that are publicized are highly protective.	All Stars builds commitment to avoid substance use and other high-risk behaviors and to live by personal ideals and promote citizenship though activities that guide participants in making voluntary commitments that are written and videotaped.	Students understand that the ability to make and keep commitments is a marker of being an adult. They actively participate in games, writing activities, and videotaping and make voluntary personal commitments to avoid negative behavior and engage in positive behavior.	Youth report an intention to avoid substance use and to avoid high-risk behaviors.	Reduced participation in premature sexual activities.
Bonding Developing positive social bonds – feeling accepted and a part of a prosocial organization such as a school, church, or service group – is protective against substance use and other high-risk behaviors.	All Stars promotes bonding through one-on-one meetings between program facilitators and participants. Youth who do not have friends are integrated into the group through small-group activities.	Participants feel part of the class or group. All youth are equally engaged in participating in All Stars activities.	Youth have increased feelings of acceptance within the group and have increased feelings of acceptance by adult leaders.	Reduce fighting and vandalism.
Positive Parental Attentiveness Youth who have parents who monitor and supervise, express appropriate affection, set a good example, apply appropriate discipline, and set high standards are protected from substance use and other high-risk behaviors.	All Stars includes a parent instruction session, written materials, and an audio CD. All worksheets completed by youth are sent home for review, approval, and additional comment by parents.	Parents attend the parent meeting. They understand what characteristics define positive parenting. They participate in youth homework assignments. They attend the All Stars graduation celebration.	Parents are more likely to know where their children are, who they are with and what they are doing. Parents set better examples. Parents show affection and talk more with their children. Parents discipline children when it is called for.	